



HÜMÜH
(pronounced HÜM)

Transcendental Buddhism

Mews

December 2009

To All Who Want to be Sincere Students

Something pretty special happened in HÜMÜH recently. Wisdom Master Maticintin sent every student and follower an astonishing personal letter by e-mail. The letter described the Wisdom Master's vision for how HÜMÜH can be made available to anyone whose heart sincerely desires to be a spiritual student. Membership fees were eliminated. The Wisdom Master presented a rich new program that includes a new definition of student levels, an amazingly extensive course curriculum to select from, and the initiation of a monthly e-mail newsletter. She also included a clarifying Question and Answer section prompted by the initial inquiries she received.

The response to this news was extremely favorable. People were excited by an increased sense of inclusiveness. They spoke of feeling an upwelling of openness and freedom in planning their own spiritual studies. Many people were particularly happy with the opportunity to move at their own pace and select Teachings according to their interest and sense of personal readiness.

The very fact that the Wisdom Master would so generously open the storehouse of Primordial Teachings and make them available to each individual's need and choice inspired students to look with fresh eyes at the spiritual wealth being put before them. Many letters expressed gratitude and a rekindled sense of eagerness to undertake the adventure of spiritual exploration.



Wisdom Master Maticintin

Thus I Have Heard...

(Frequently, at the noon meal after a Teaching, the Wisdom Master will ask students to share what they remember as most striking from her words. She does this by saying, "Thus I have heard...." She uses this phrase to make it clear that what the student is about to share is not necessarily all of what she said, but rather, a perspective of the Teaching. Hence, the title of our column, which is a forum for sharing with you our memory of what the Wisdom Master has recently taught.)

The holiday season escalates the 'little-self' view of a dual world in which the 'good get gifts' and the 'bad get lumps of coal.' But it is not just during the holiday season that this split view of life wreaks havoc. Almost universally, people see in terms of right and wrong, having and not having, winning and losing. This creates a mind-set of division, separateness, and continuous competition, comparison, and conflict.

Wisdom Master Maticintin recently elucidated a Teaching by Longchenpa which speaks directly about the subtle trap of such dualistic thinking. It pointed out that common mental stances such as 'latching on to happiness,' and 'striving to eliminate misery' never succeed. In fact, they create the opposite: what is not wanted. The Wisdom Master explained that "if you try to latch onto happiness, you'll bring about misery, and if you strive to eliminate misery...you're going to have more misery, because you're focusing on what you do not want....And if you grip what you want, you'll get what you don't want, because you're afraid of losing what you want, which brings about the opposite from a dual perspective." Grasping,

therefore, is seeing from one aspect of dual perspective, fearing the opposite. This is simply the flip-flop operation of the split worldly view.

The Wisdom Master also said that from the holistic overview, "You can see how things split off, and how they become 'true' or 'false' relative to...whoever asks the question, and how that

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relates to what they have manifested. If it's true to what they have already manifested with their life, they call it 'true,' and if it's false to

what they have manifested with their life, they call it 'false'."

The Wisdom Master stressed that, logically, the only way we can truly have what we want is to view things holistically, to always consider the whole. To focus only on a part is to create 'have' and 'have not.' It is to 'make war,' to take for self without realizing that self only exists within the whole.



A sunny December morning at Skycliffe

Copperlande... Retreat Center

Building a Stupa in Sedona

A Stupa is going to be built at Copperlande in Sedona. Still in the initial stages, dreaming and musing are going on about the design and what materials to use, though red rocks will definitely be incorporated. The site the Wisdom Master has selected is at the front of the property where there is currently a round, red rock platform with benches for sitting. The platform will be incorporated into the Stupa foundation. There is also a large, magnificent Buddha statue with a golden platter in front of it. Every morning, the platter is filled with bird seed, much to the enjoyment of the birds that flock to it all day.



Shrine with a statue of Sakyamuni Buddha near the Stupa building site



Birds feeding at the Buddha Statue

The day after first mentioning building the Stupa, the Wisdom Master talked with those currently at Copperlande about the mindful way one goes about constructing a Stupa. She said that a Stupa isn't like other buildings. It is a symbol of harmony, so it has to be built from harmony. Harmony emanates from working as One Mind in union with the Pure Mind of the Awakened Mind. That is what makes it a Stupa.

We will keep you updated as the dream unfolds. There will be opportunities for those coming to Copperlande this winter for retreat to participate in the building and to practice living from the One Mind.

darkish-colored, wild pigs of the Arizona desert areas. There were 3-4 adults and one little baby who stuck closely to his mother, always keeping right next to her no matter how fast or slow she moved. The retreatant was delighted, having never seen javelinas before.

Critter Kin Sightings at Copperlande

One morning during a Teaching in the Temple at Copperlande, a big young buck with a beautiful rack jumped the Forest Service fence and came onto the property. He roamed around, starting over by the pond with the goldfish and then going over to munch on the oleander bushes. Eventually, he made his way to the window behind where the Wisdom Master was sitting in the Temple, eavesdropping on the Teaching before going on his way.

The day before, a retreatant was sitting on a bench, overlooking the Forest Service area, when she saw a small group of javelinas walking over to investigate the metal tub of water that is left outside the fence for the animals. Javelinas are the

Skycliffe...

Monastery & Retreat Centre

New Addition to Spirit and Pepe's Home

This fall, a new roofed section, open on all sides, was built onto the barn of Spirit, the horse, and Pepe, the burro. Now, during the winter, they will have a larger snow-free area to walk around in, which they will enjoy. In addition, the Wisdom Master took down the fence separating Pepe and Spirit's pasture areas. It took a little while for them to realize it, but now they are often seen standing together out in the field, munching on what grass is left and dreaming of spring.

Oroville...

Meditation Center

Meditation Hike

The Meditation Center in Oroville, Washington, led a Meditation hike on Nov. 22 along the Northwest Pacific Coast Trail as it follows the Similkameen River. Several people came down from Osoyoos, B.C., to participate in the hike. People were asked to walk with a quiet mind and observe the thoughts and feelings that arose without getting involved in them. Halfway through the hike, everyone stopped to have a discussion about what people were observing. Everyone said they enjoyed the hike and felt relaxed and refreshed afterwards. The hikers mentioned they had gained some insight into mind, and many commented that they would like to do it again.

No Separateness

The Wisdom Master has frequently talked about how there is no separateness. She has said everything is one, that there are contact points everywhere, like one sees when looking through a taleidoscope. Skycliffe and Copperlande present examples of this. So far this year, Skycliffe is having a mild winter. There was a brief dusting of snow in late October before the Wisdom Master left for Sedona, but it melted quickly, and presently, the ground is still snow free and green. In Copperlande, the weather has been warm and sunny. It is the connection between the two, the contact points, that is affecting the weather at Skycliffe and providing a gentler winter, at least for awhile."